

# German Mobile Telecommunication Program

## International Workshop **Action Mechanisms**

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### Rapporteur's Report

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**Session 1**

**Functional Aspects**

**Asmuß**

( Chair )

# Genotoxic Effects of HF-signals on Human Cells *in vitro*

**D. Pollet  
P. Waldmann**

**University of Applied Sciences  
Darmstadt, Germany**

# German Mobile Telecommunication Program

## Funding

Federal Office for Radiation Protection

## RFR-exposure Equipment & Dosimetry

IT'IS, Zürich

## Donor Recruitment, Blood Sampling, Exposures & Analyses

INCOS & IMBEI, University of Mainz

## Genotoxicity Evaluation

Dermatology Center, Buxtehude (near Hamburg)

University of Applied Science, Darmstadt (near Frankfurt)

Cytotest Cell Research GmbH, Roßdorf (near Gottingen)

# 'Blind' Study

## Peripheral Blood Donors

10 males - between 50 - 60 yrs  
10 males - <18 years

RFR-exposure G<sub>1</sub>, S & G<sub>2</sub> phases of cell cycle

Frequency 1800 MHz

SAR 0.0, 0.2, 2 & 10 W/kg

Exposure 24 hours

## Genotoxicity End-points

Alkaline Comet Assay	100 cells / donor
Chromosomal Aberrations	1000 cells / donor
Micronuclei	2000 cells / donor
Sister Chromatid Exchanges	50 cells / donor

Project **On-Going**

**Functional & Molecular  
Investigations after 1.8 GHz  
Radiofrequency Electromagnetic  
Fields Exposure in Different  
Immune Relevant Cells**

**M. Simko**

**University of Rostock  
Rostock, Germany**

**The overall data suggested that GSM-DTX exposure at high peak SAR levels induced alterations in free radicals release & changes in protein expression levels**

**However, these alterations did not induce changes in physiological processes such as phagocytosis, cell proliferation, apoptosis & necrosis**

**Session 2**

**Gene Expression**

**Ziegelberger**

( Chair )



# Effects of HF-signals on the Melatonin Synthesis in isolated pineal organs of Djungarian Hamsters

A. Lerchl

Jacobs University  
Bremen, Germany

**The overall data indicated  
no adverse effects in  
the synthesis of melatonin  
by the pineal gland  
at SAR levels  
which are relevant  
to human exposure**

# Effects of Mobile Phone Signals (GSM & UMTS) on the Blood-Brain Barrier *in vitro*

H. Franke

University Hospital Munster, Department of Neurology  
Munster, Germany

Isolated RNA from cells exposed to GSM (1800 MHz) and UMTS was subjected to genechip array and quantitative real time PCR analysis.

Compared with sham-exposed cells, the expression profiles of exposed cells revealed 1.5 to 3-fold changes in 13 genes in UMTS and 5 genes in GSM were significantly regulated at least at one SAR. These genes includes those encoding for proteins known for their relevance for proper BBB functions such as cellular differentiation, signal transduction, etc.

There was no SAR-dependent relationship.

Overall this study identified several candidate genes that showed differential expression due to “non-thermal” (less than +1 °C warming) influence of RF-EMF exposure. The data obtained here do not point towards any pathophysiologically relevant events in humans”

## PANEL DISCUSSION

Do we need further studies on melatonin

Do the existing & currently running studies on possible effects of RF-EMF on B-B-B enough

Are screening arrays adequate to detect relevant markers / end-points

What are the limitations to interpret the results from screening arrays? What if certain changes do not lead to detectable effects *in vitro* and *in vivo*

Should further research be focused on certain molecular targets

If so – which are the relevant candidates

**Session 3**

**Sensory Systems**

**Pophof**

( Chair )

# Effects of HF-signals on Retinal Ganglion Cell Activity

**J. Ammermüller**

Department of Neurobiology  
University of Oldenburg, Germany

The overall data indicated that the response of  
Isolated mouse retinal cells exposed  
(inside a calibrated exposure system)  
to GSM & UMTS signals (900 & 1800 MHz)  
at 0.02, 0.2, 2.0 & 20 W/kg SAR  
did not differ significantly/systematically  
from sham-exposed cells

Temperature increase alone induced  
increased response rate  
decreased latency periods

The putative effects can result from  
thermal warming  
but not from  
HF-EMF effects *per se*.



**Ionic currents through Ca<sup>2+</sup>  
channels in mature mouse  
inner hair cells under  
mobile phone field exposure**

**J. Engel**

**Universität Tübingen  
Tübingen, Germany**

**Patch-clamp recordings of the currents through Ca<sup>2+</sup> channels were made in mature inner hair cells before, during & post-exposure to 1800 MHz GSM & UMTS 0.02, 0.2, 2.0 & 20 W/kg SAR.**

**No statistically significant effect was observed on Ca<sup>2+</sup> channels**

## PANEL DISCUSSION

**Is electrophysiology a reliable method to investigate possible action of EMF on sensory systems**

**Were the study design, number of replications & statistical analysis appropriate to achieve reliable results**

**What are the underlying mechanisms of the described effects**

**What is the thermal response threshold of sensory cells & neuronal network**

**What are the physiological & health consequences of the effects observed**

**Session 4**

**Action Mechanisms**

**Geschwentner**

( Chair )

# Dielectric Properties of Tissues & Cells

**A. Loidl**

**Experimental Physics University of Augsburg  
Augsburg, Germany**

**Broadband dielectric spectra were obtained in human  
peripheral whole blood &  
in different concentrations of cultured cells**

**(fibroblasts, melanoma cells, nerve cells & keratinocytes)**

**Detailed analyses indicated that even at GHz frequencies  
AC & DC conductivities as well as  
additional relaxation processes play a role**

**(in addition to the contribution of water)**

**In the frequency range between 100 MHz & 40 GHz the  
absorption of electromagnetic radiation as a function of  
frequency, temperature & ion concentration can be  
described by a universal set of parameters**

# **Sub-cellular RF-field Distribution & Absorption Depend on the Dielectric Properties of Biological Membranes**

**J. Gimsa**

**University of Rostock  
Rostock, Germany**

**Sub-cellular distribution of RF-fields  
inside the membranes and also inside the cells  
were investigated using human red blood cells as a model**  
(they are homogeneous, abundant in blood and are well investigated)

**Molecular properties strongly influence  
the absorption of RF-fields in various cell compartments**

**Hidden “anisotropy dispersions” may result in  
erroneous interpretation of the RF-field distributions data**

**Membrane anisotropy may induce  
higher local currents leading to higher energy dissipation**

**Averaging the absorption over the membrane layers  
may lead to higher energy dissipation (up to 10-times) than  
averaging over membrane properties**

**In layered membrane models  
the absorption in the outer-most layer is dominating**



## PANEL DISCUSSION

The experimental & mathematical approaches used are appropriate to investigate the interaction of EMF with living matter

Do the measurements & calculations suggest any new, still unknown, interaction mechanism between EMF & tissues or cells

What are the physiological and health consequences of the interactions discussed

Are there suggestions for further research or new hypothesis concerning action mechanism of EMF, which could be tested

# WORKSHOP CONCLUSIONS

**The investigations are elegant & conducted well**

**The presentations are excellent**

**Studies on sensory systems gave new insights**

**All data raised more questions which need answers**

Good science always raises more questions than answers  
We may close some doors but we should not throw away the key  
More doors may need to be opened to get into the big room

**The current exposure guidelines are adequate for the purpose for which they were developed**

**The debate on long-term effects may not be resolved from the data presented in this workshop**

It has to come in the context of human epidemiological studies

# WORKSHOP CONCLUSIONS

**Standardization & verification of exposure systems  
is extremely important for good research in  
RFR-exposure effects**

**It is not possible to convince people who believe that  
mobile phones are detrimental to human health**

# Genetic Damage Investigations

Most genotoxic agents are  
**CARCINOGENS**

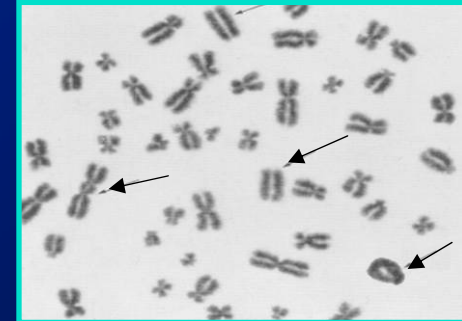
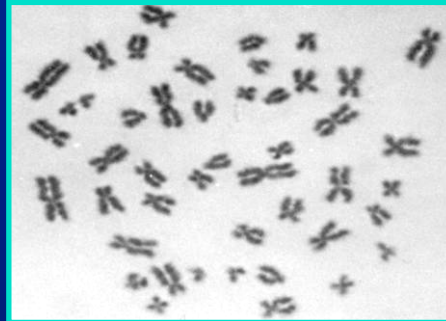
**Non-genotoxic agents**  
which do NOT cause damage by themselves  
can also contribute to **carcinogenesis**  
by **enhancing** the damage induced by  
known **genotoxic agents**  
( Epigenetic Effect )

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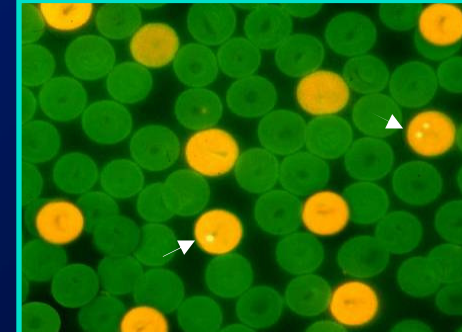
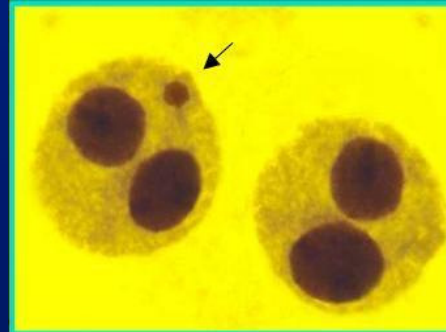
**DNA Strand Breaks  
SSB / DSB**



**Chromosomal Aberrations  
CA**



**Micronuclei  
MN**



**Sister Chromatid Exchanges  
SCE**



Radiation Research., 162, 481– 496, 2004

**Controversial Cytogenetic Observations  
in Mammalian Somatic Cells Exposed to  
Radiofrequency Radiation**

Vijayalaxmi & Guenter Obe

# 1990- 2003

## “ Qualitative Assessment ”

Test System	Number of Studies Indicating Damage			Total
	Increase	No Increase	Inconclusive	
<b><u>DNA Strand Breaks</u></b>				
Whole-Body Exposure: Animals	4	1	0	5
<i>In Vitro</i> : Cultured Rodent Cells	0	3	0	3
<i>In Vitro</i> : Cultured Human Cells	0	2	1	3
<i>In Vitro</i> : Human Blood Lymphocytes	0	4	2	6
<b><u>CA, MN &amp; SCEs</u></b>				
Whole-Body Exposure: Normal Animals	0	2	1	3
Whole-Body Exposure: Transgenic Animals	1	0	1	2
Whole-Body Exposure: Human	2	1	1	4
<i>In Vitro</i> : Cultured Rodent Cells	2	1	0	3
<i>In Vitro</i> : Human Blood Lymphocytes	3	11	4	18
<i>In Vitro</i> : RF alone (+/- Genotoxic Agents)	0	6	0	6
Total	12	31	10	53
	<b>23%</b>	<b>58%</b>	<b>19%</b>	
<i>In Vitro</i> : RFR +/- Genotoxic Agents	1	3	2	6
	<b>17%</b>	<b>50%</b>	<b>33%</b>	

# Recommendation

International Collaborative study  
Co-ordinated in 6 separate centers  
Adequate statistical power

# Guide-lines

RFR exposures in a single laboratory  
SAR 1 – 5 W/kg  
Validated dosimetry  
Adequate temperature controls  
Multiple genotoxicity end-points  
Multiple cell types of human origin  
Different genetic backgrounds



# Meta-Analysis

Utilizes several **QUANTITATIVE** statistical methods  
for large data review & analysis

Widely used in biomedical research **ESPECIALLY**  
when the outcomes in different investigations are  
controversial

If considered separately, any one study may be  
too small to arrive at a generalized / unequivocal  
conclusion

**ANALYSIS OF THE COMBINED DATA FROM  
ALL RELATED STUDIES**

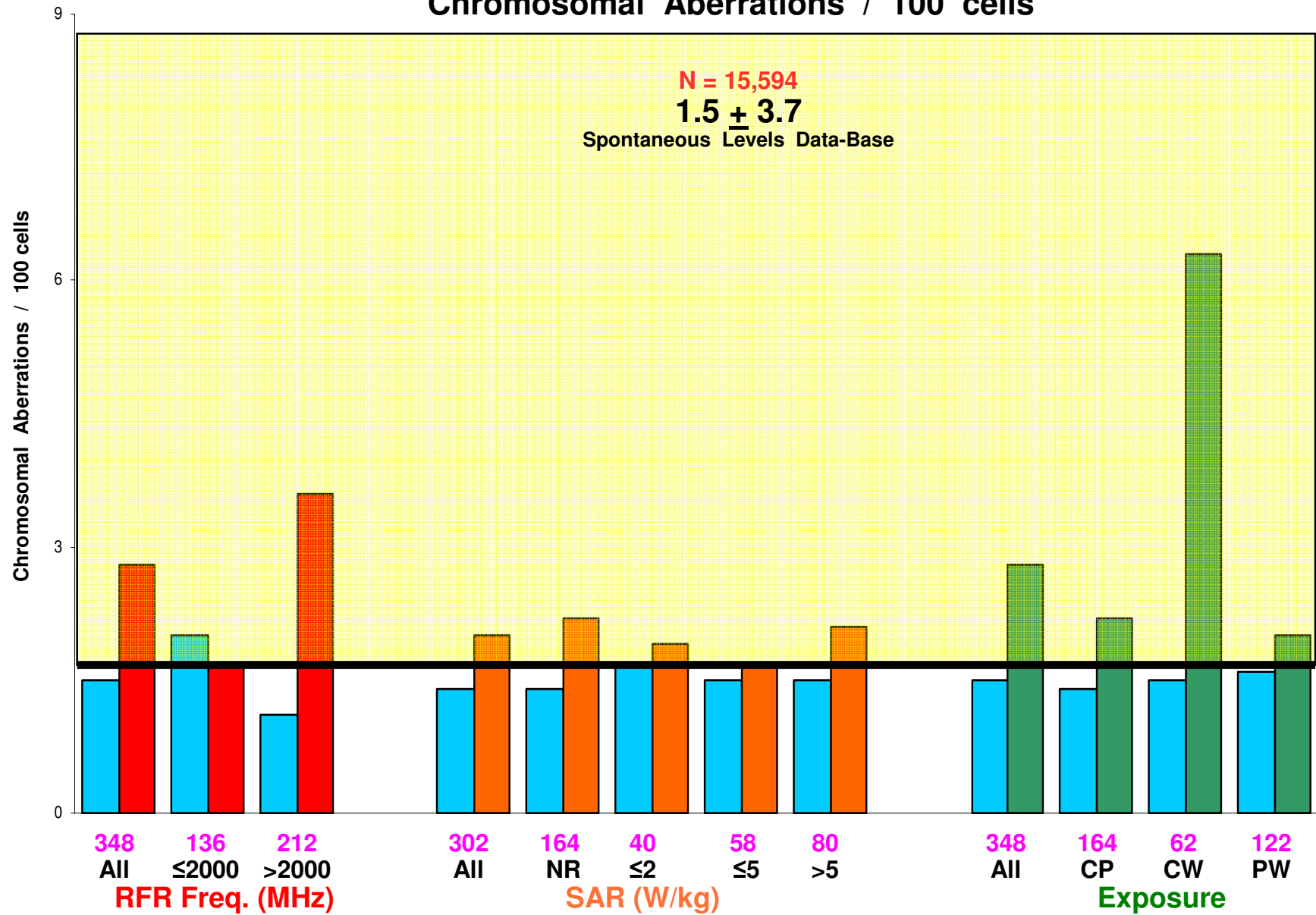
an attractive alternative to strengthen the evidence  
from any individual study

# 1990 - 2005 Publications

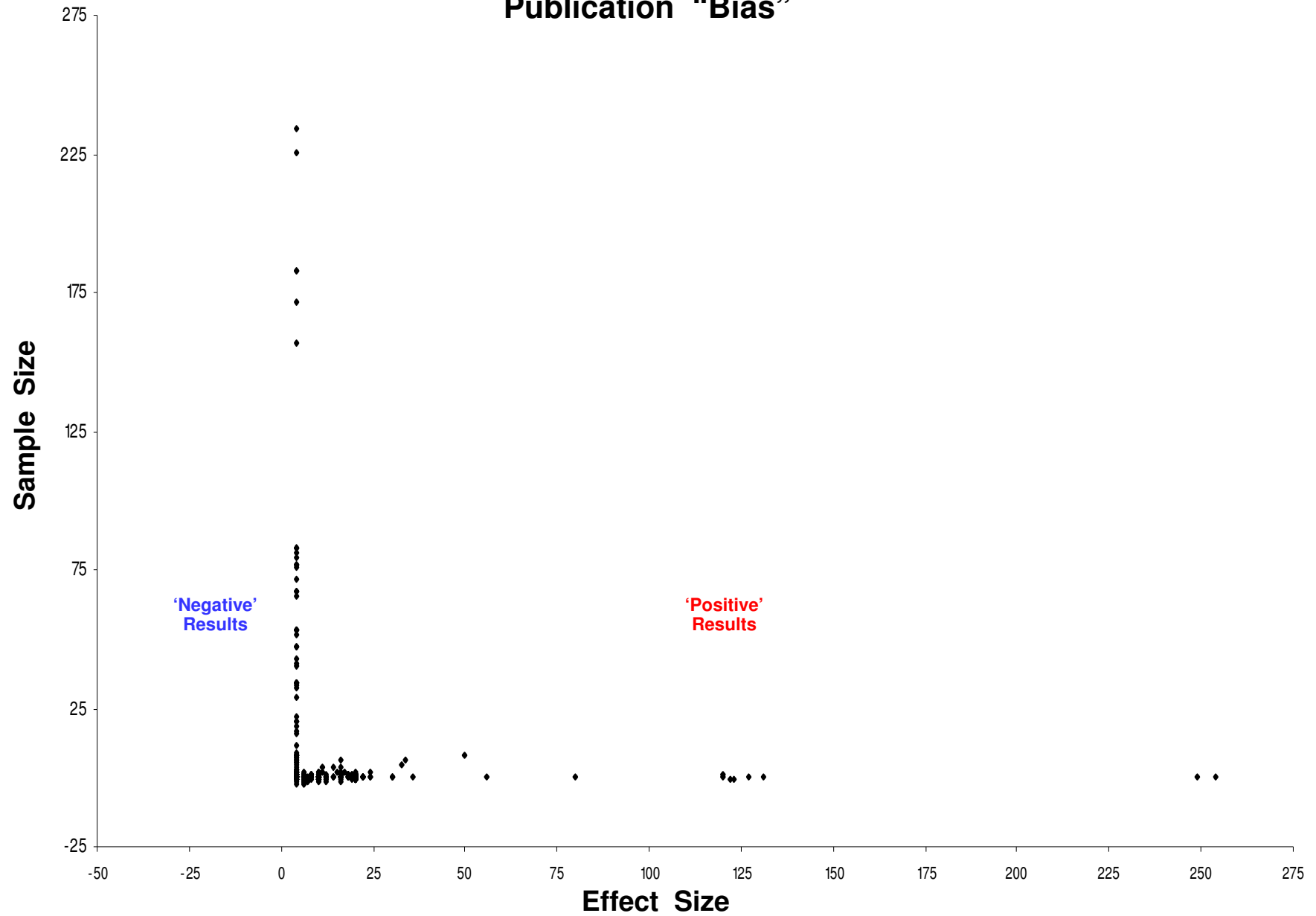
Sr#	First Author	Sr#	First Author	Sr#	First Author
1	Garaj-Vrhovac, 1990a	22	Vijayalaxmi, 1997a	43	Trosic, 2002
2	Garaj-Vrhovac, 1990b	23	Vijayalaxmi, 1997b	44	Gadhia, 2003
3	Kerbacher, 1990	24	Malyapa, 1998	45	Koyama, 2003
4	Ciaravino, 1991	25	Phillips, 1998	46	McNamee, 2003
5	Garaj-Vrhovac, 1991	26	Garaj-Vrhovac, 1999	47	Mashevich, 2003
6	Garson, 1991	27	Maes, 2000	48	Vijayalaxmi, 2003a
7	Fucic, 1992	28	Vijayalaxmi, 2000	49	Vijayalaxmi, 2003b
8	Garaj-Vrhovac, 1992	29	Zotti-Martelli, 2000	50	Zeni, 2003
9	Garaj-Vrhovac, 1993	30	Lalic, 2001	51	Hook, 2004
10	Maes, 1993	31	Li, 2001	52	Koyama, 2004
11	Sarkar, 1994	32	Maes, 2001	53	Lagroye, 2004a
12	d'Ambrosio, 1995	33	Sykes, 2001	54	Lagroye, 2004b
13	Lai, 1995	34	Vijayalaxmi, 2001a	55	Trosic, 2004
14	Maes, 1995	35	Vijayalaxmi, 2001b	56	Baohong, 2005
15	Lai, 1996	36	Vijayalaxmi, 2001c	57	Diem, 2005
16	Maes, 1996	37	d'Ambrosio, 2002	58	Gandhi, 2005a
17	Antonopoulos, 1997	38	Bisht, 2002	59	Gandhi, 2005b
18	Lai, 1997	39	McNamee, 2002a	60	Gorlitz, 2005
19	Maes, 1997	40	McNamee, 2002b	61	Komatsubara, 2005
20	Malyapa, 1997a	41	Mei-Bian, 2002	62	Zeni, 2005
21	Malyapa, 1997b	42	Tice, 2002	63	Zotti-Martelli, 2005

*Vijayalaxmi & Prihoda., Radiation Research. 169, 561 – 574, 2008*

# Chromosomal Aberrations / 100 cells



# Publication "Bias"



# Conclusions - Meta-Analysis

Difference between RFR-exposed and sham-/unexposed cells as well as the 'effect size' due to RFR exposure was small

At certain RFR exposure conditions there was a statistically significant increase in some genotoxicity end-points

The mean indices for CA, MN and SCE in RFR-exposed and sham-/unexposed cells were within the spontaneous levels reported in historical data-base

Considerable evidence for publication bias